

Track Hours Log

Trainee

Date Range

Track

Arizbey Reyes Soriano

1/18/26 - 4/19/26

NYIT Counseling - MH
Internship II Time Track

Site Supervisor

Sloane Bashford

HOURS BY SITE

Site	1/18/26 - 4/19/26	CUMULATIVE AS OF 4/20/26
Seek Counseling	588.83	588.83
Totals	588.83	588.83

HOURS BY TYPE

	1/18/26 - 4/19/26	CUMULATIVE AS OF 4/20/26
Total Hours	588.83	588.83
Total Direct Hours	402.00	402.00
Individual Counseling	302.00	302.00
Group Counseling	5.00	5.00
Psychoeducational Activities	0.00	0.00
Attending Meetings	10.00	10.00
Participation in intakes	77.50	77.50
Other (specify) (e.g.: Crisis Response)	7.50	7.50
Total Indirect Hours	186.83	186.83
Campus Group Supervision (Practicum/Internship Class)	18.00	18.00
Individual Supervision (with site supervisor)	13.00	13.00
Consulting/ collaborating with others (e.g., parents, guardians, teachers, social workers, school psychologists)	35.00	35.00
Campus individual Supervision (as needed)	0.00	0.00
Observation of intakes/meetings/sessions	11.50	11.50
Preparation for counseling sessions	28.83	28.83
Professional development (up to 10%)	0.00	0.00
Program development/implementation/ evaluation	0.00	0.00
Case notes and record keeping	80.50	80.50
Other (specify)	0.00	0.00
Totals	588.83	588.83

Trainee

Trainee Signature

Date

Track Hours Log

Site Supervisor

Site Supervisor Signature

Date

Program Instructor

Program Instructor Signature

Date

Track Hours Log

NOTES

2/12/26 | Activities: Other (specify) (e.g.: Crisis Response) | Site: Seek Counseling | Supervisor: Sloane Bashford
client came for session and reported experiencing withdrawal symptoms.

3/11/26 | Activities: Other (specify) (e.g.: Crisis Response) | Site: Seek Counseling | Supervisor: Sloane Bashford
Client was experiencing suicidal ideations

3/27/26 | Activities: Other (specify) (e.g.: Crisis Response) | Site: Seek Counseling | Supervisor: Sloane Bashford
client was under the influence , reported domestic violence in their relationship

3/31/26 | Activities: Other (specify) (e.g.: Crisis Response) | Site: Seek Counseling | Supervisor: Sloane Bashford
client presented in distress. client reported being in a domestic violence relationship stating that her partner cut himself in front of her

4/1/26 | Activities: Other (specify) (e.g.: Crisis Response) | Site: Seek Counseling | Supervisor: Sloane Bashford
client was disrespectful towards staff and was experiencing signs of mania

4/3/26 | Activities: Other (specify) (e.g.: Crisis Response) | Site: Seek Counseling | Supervisor: Sloane Bashford
client was erratic and walked out of the office mid session after requesting to be discharged and writer tried to provide referral